






SEALS & STEINGARD ADULT DAY CARE

***Continental Breakfast** 9am-11am
***Lunch** 12:00pm-1:00pm
***Afternoon Social w/Snacks** 3:00pm-4:00pm



2025

Mon	Tue	Wed	Thu	Fri
<u>Every Day</u> Dance Cardio Exercise 9:30am 	<u>Every Day</u> Current Events Motown Music Daily 	April Showers bring May Flowers 	1 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	2 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00
5 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	6 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	7 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	8 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	9 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00
12 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	13 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	14 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	15 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	16 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00
19 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	20 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	21 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	22 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	23 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00
26 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	27 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	28 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	29 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	30 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00