





SEALS & STEINGARD ADULT DAY CARE

***Continental Breakfast 9am-11am**
***Lunch 12:00pm-1:00pm**
***Afternoon Social w/Snacks 3:00pm-4:00pm**



2025

Mon	Tue	Wed	Thu	Fri
<u>Every Day</u> Dance Cardio Exercise 9:30am 	1 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	2 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	3 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00	
7 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	8 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	9 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	10 Adult Coloring 10:00 Scrabble 11:00 Bingo with prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	11 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00
14 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	15 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	16 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	17 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	18 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00
21 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	22 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	23 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	24 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	25 Puzzle Time 10:00 Music Therapy 11:00 Bunco 1:00 Bowling 3:00 Arts & Crafts / Movie 4:00
28 Game Shows 10:00 Card Matching 11:00 Movie Time 1:00 Bowling 3:00 Memory Toss 4:00	29 Checkers 10:00 Kindness Preschoolers 11:00 Bingo with Prizes 1:00 Scrabble 3:00 Arts & Crafts 4:00	30 Card Matching 10:00 Music Therapy 11:00 Memory Toss 1:00 Checkers 3:00 Adult Coloring 4:00	31 Adult Coloring 10:00 Scrabble 11:00 Bingo with Prizes 1:00 Spelling Bee 3:00 Crosswords 4:00	<u>Every Day</u> Current Events Motown Music Daily 